

| Size | Chest (cm)  | Sleeve Length (cm) |
|------|-------------|--------------------|
| S    | 91.4-96.5   | 83.8               |
| M    | 99.1-101.6  | 86.4               |
| L    | 104.1-109.2 | 88.9               |
| XL   | 111.8-116.8 | 91.4               |
| XXL  | 121.9-129.5 | 94                 |

**CHEST**  
Measure at the fullest part of the chest, under the armpits and over the shoulder blades, keeping the tape measure firm and level.

**SLEEVE**  
Start at the center back of your neck and measure across the shoulder and down to the wrist. Round up to the next even number.

